

Jurnal SPORTIF: Jurnal Penelitian Pembelajaran is published three times a year in April, August, and December containing research papers in the field of sports. This issue is a special edition in collaboration with The Faculty of Sports Science, the State University of Malang, in organizing The 6th International Conference on Sports Sciences and Health (6th ICCSH 2022), which was held on September 29, 2022, virtually using the zoom application.

Editor in Chief

M. Akbar Husein Allsabab, M.Or. (Universitas Nusantara PGRI Kediri)

Peer Reviewer

Dr. Lim Boon Hooi (University of Malaya)
David Hideyoshi Fukuda (University of Central Florida)
Veronica Vleck, Ph. D (University of Lisbon)
José Luis Ubago-Jiménez (Universidad de Granada)
Tomasz Niznikowski (Józef Piłsudski University)
Jem Cloyd M. Tanucan (Cebu Normal University)
Prof. Dr. Agus Kristiyanto, M.Pd. (Universitas Sebelas Maret Surakarta)
Prof. Dr. M. E. Winarno, M.Pd. (Universitas Negeri Malang)
Prof. Dr. Yustinus Sukarmin, MS. (Universitas Negeri Yogyakarta)
Dr. Muhammad Muhyi, M.Pd. (Universitas Adi Buana Surabaya)
Dr. Fajar Junaedi, S.Sos, M.Si (Universitas Muhammadiyah Yogyakarta)
Kunjung Ashadi, M.Pd., AIFO. (Universitas Negeri Surabaya)
Agus Rusdiana, S.Pd., M.A., Ph.D. (Universitas Pendidikan Indonesia)
Dr. Mirza Hapsari Sakti Titis P., S.Gz. MPH. (Universitas Gadjah Mada Yogyakarta)
Jusuf Blegur, M.Pd. (Universitas Kristen Artha Wacana)
Imam Safei, S.Pd., M.Or. (Institut Teknologi Sumatera)
Mesa Rahmi Stephani, M.Pd. (Universitas Pendidikan Indonesia)
Sri Sumartiningsih, S. Si., M. Kes., Ph.D. (Universitas Negeri Semarang)
dr. Novita Intan Arovah, MPH., Ph.D. (Universitas Negeri Yogyakarta)
Fajar Awang Irawan, S. Si., M. Pd., Ph.D. (Universitas Negeri Semarang)

Gustiana Mega Anggita, S. Pd. Jas., M.Or. (Universitas Negeri Semarang)
Yulingga Nanda Hanief, S.Pd., M.Or. (Universitas Negeri Malang)
Muhammad Imam Rahmatullah (Universitas Riau)

Editorial Board

Gheorghe Balint (Vasile Alecsandri University)
Laura Dybal, Ph. D (University of Montana)
Iago Portela-Pino, Ph. D (Isabel I University)
Cristiana D'ANNA (University of Salerno)
Gheorghe Balint (Vasile Alecsandri University)
Gilang Ramadan (STKIP Muhammadiyah Kuningan)
Novri Gazali (Universitas Islam Riau)
Aridhotul Haqiyah (Universitas Islam 45 Bekasi)
Dr. Setyo Harmono, M.Pd. (Universitas Nusantara PGRI Kediri)
Drs. Sugito, M.Pd. (Universitas Nusantara PGRI Kediri)
Dr. Setyo Harmono, M.Pd. (Universitas Nusantara PGRI Kediri)
Dr. Wasis Himawanto, S.Pd., M.Or. (Universitas Nusantara PGRI Kediri)
Ardhi Mardiyanto Indra P., M.Or. (Universitas Nusantara PGRI Kediri)
Dhedhy Yulianawan, M.Or. (Universitas Nusantara PGRI Kediri)
Dr. Budiman Agung Pratama, M.Pd. (Universitas Nusantara PGRI Kediri)
Nur Ahmad Muharram, S.Pd., M.Or. (Universitas Nusantara PGRI Kediri)
Reo Prasetyo Herpandika, M.Pd. (Universitas Nusantara PGRI Kediri)
Rizki Burstiando, M.Pd. (Universitas Nusantara PGRI Kediri)
Wing Prasetya Kurniawan, M.Pd. (Universitas Nusantara PGRI Kediri)
Weda, M.Pd. (Universitas Nusantara PGRI Kediri)
M. Anis Zawawi, S.Pd., M.Or. (Universitas Nusantara PGRI Kediri)
Puspodari, M.Pd. (Universitas Nusantara PGRI Kediri)
Moh. Nurkholis, S.Pd., M.Or. (Universitas Nusantara PGRI Kediri)
Rendhitya Prima Putra (Universitas Nusantara PGRI Kediri)
Muhammad Yanuar Rizky, M.Pd. (Universitas Nusantara PGRI Kediri)
Mokhammad Firdaus, M.Or. (Universitas Nusantara PGRI Kediri)

EDITOR'S ADDRESS

Departement Penjas Kampus I UNP Kediri Office
KH. Achmad Dahlan Street Number 76 Kediri
Telp. (0354) 771503, Fax. (0354) 771576
Website: ojs.unpkediri.ac.id/index.php/pjk
Email: jurnal.sportif@unpkediri.ac.id

PREFACE

Our sincere gratitude is expressed to Almighty God. Without His will and strength, the editorial team may not be able to publish Jurnal SPORTIF: Journal penelitian dan pembelajaran Volume 8 Number 3 of the October 2022. This issue is a special edition in collaboration with The Faculty of Sports Science, State University of Malang in organizing The 6th International Conference on Sports Sciences and Health (6th ICCSH 2022) which was held on September 29, 2022 virtually using the zoom application. Jurnal SPORTIF: Jurnal Penelitian Pembelajaran has been accredited by **SINTA 2** by **the Ministry of Research, Technology, and Higher Education of the Republic of Indonesia** as an achievement of peer-reviewed journals that have outstanding quality in management and publication. This recognition is published in Director Decree No. 10 / E / KPT / 2019 4 April 2019 which is valid until 2023.

Jurnal SPORTIF: Jurnal Penelitian Pembelajaran is a medium of information and dissemination for research results in the field of sports. Jurnal SPORTIF: Jurnal Penelitian Pembelajaran is expected to actively and continuously disseminate the results of research for the development of science and technology (IPTEK) in the field of sports in Indonesia. This edition features 6 articles. All articles have been reviewed through a rigorous review process by reviewers/interested partners.

We would like to express our appreciation and gratitude to the writers and reviewers. This edition comes with an index that loads after the preface page to help readers find the page. Hopefully JURNAL SPORTIF: Jurnal Penelitian Pembelajaran can be useful and able to improve the quality of research results for lecturers, teachers, researchers, students, and practitioners.

Kediri, 22 October 2022

Editor in Chief



M. Akbar Husein Allsabah M.Or.

Jurnal SPORTIF: Jurnal Penelitian Pembelajaran HAS BEEN INDEXED BY:



TABLE OF CONTENTS

The potential for learning loss to basic movement skills in elementary school students during physical education learning during the pandemic Feri Budi Setyawan, Diyah Puspitarini	1 – 16
Study of identifying factors for the developing measuring instrument on the psychological readiness of athletic athletes Afifah Dwi Pramesti, Hermahayu, Rayinda Faizah	17 – 36
A Descriptive Study of the Achievement Timeline of Volleyball Athletes at State University of Malang Muhammad Ghafar Assidiqji, Kurniati Rahayuni, Prisca Widiawati, Roesdiyanto Roesdiyanto	37 – 60
Physical Activities and Cognitive Functions of Students Beltasar Tarigan, Teten Hidayat, Rola Angga Lardika	61 – 70
The Relationship of Nutritional Status With Student Learning Outcomes Beltasar Tarigan, Teten Hidayat, Rola Angga Lardika	71 – 85
Development Of Imagery And Self-Talk Exercises To Improve The Shooting Game Ability Of Nusantara Petanque Club Athletes Sinar Wahyu Perdana, Kurniati Rahayuni, Taufik Taufik, Supriyatna Supriyatna	86 – 99

THANK YOU

WRITING GUIDELINES