

**Jurnal SPORTIF: Jurnal Penelitian Pembelajaran is published three times a year in April, August, and December containing research papers in the field of sports. This is a Special Issue 2021 edition. The focus and scope are educational sports, coaching sports, recreational sports, traditional sports, physical activity, sports biomechanics, sports pedagogy, sports physiology, and sports psychology.**

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## PREFACE

Our sincere gratitude is expressed to Almighty God. Without His will and strength, the editorial team may not be able to publish Jurnal SPORTIF: Jurnal penelitian dan pembelajaran Volume 7 Issue 4 of the February 2022 edition online and in print. This is a Special Issue 2021 edition. Jurnal SPORTIF: Jurnal Penelitian Pembelajaran has been accredited by **SINTA 2** by the **Ministry of Research, Technology, and Higher Education of the Republic of Indonesia** as an achievement of peer-reviewed journals that have outstanding quality in management and publication. This recognition is published in Director Decree No. 10 / E / KPT / 2019 4 April 2019 which is valid until 2023.

Jurnal SPORTIF: Jurnal Penelitian Pembelajaran is a medium of information and dissemination for research results in the field of sports. Jurnal SPORTIF: Jurnal Penelitian Pembelajaran is expected to actively and continuously disseminate the results of research for the development of science and technology (IPTEK) in the field of sports in Indonesia. This edition features 4 articles. All articles have been reviewed through a rigorous review process by reviewers/interested partners.

We would like to express our appreciation and gratitude to the writers and reviewers. This edition comes with an index that loads after the preface page to help readers find the page. Hopefully JURNAL SPORTIF: Jurnal Penelitian Pembelajaran can be useful and able to improve the quality of research results for lecturers, teachers, researchers, students, and practitioners.

Kediri, 19 February 2021

*Editor in Chief*



M. Akbar Husein Allsabah M.Or.

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**THANK YOU**

**WRITING GUIDELINES**

