

ANALYSIS OF PSYCHOANALYSIS THEORY IN ELEMENTARY AGE CHILDREN ANALYSIS: JOURNAL SINTA 2 TO 6

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Abstract: The purpose of this study is to see the analysis of psychoanalysis theory in elementary age children, which consists of three parts of personality, namely the id, ego, and superego. The method used by the researcher is descriptive qualitative in a literature review approach. It used the method of using data or related scientific papers using the object of research or bibliographical data collection is then identified using relevant library materials. Literature review means the activity of conducting relevant research using theories that can be found in the literature, research reports by searching, reading, and describing. The data collection technique in this study used journal articles literature, web or internet, or other sources and takes from articles related to the discussion of psychoanalysis theory and optimizes the superego to produce students' character in a better personality which has been published in the journal Sinta 2-6 as many as 6 scientific articles. Then process and conclude research without going through field research. The results of this study are maximizing the superego in character education to control the superego to prevent the id's ability to grow in humans.

Keywords: Theory, Psychoanalysis, Elementary age children

PRELIMINARY

In 1879 Psychology is an independent knowledge, and psychology is the science of personality. then this description is also interpreted by several experts with a broad understanding, the meaning of the concept of personality from psychoanalysis (Saleh, 2018) Fitriyah and Jauhar said that psychology is part of a field of psychology, science and application that discusses behavior, as well as mental functions scientifically, from this understanding, psychology is defined as knowledge of the soul. This science includes thinking, responses, and knowledge. (Sembiring et al., 2018) . In psychoanalysis theory, desire is stored in the unconscious reach of thought due to a reason that Sigmund Freud said is a pleasure principle, by the reality principle of desire

contained in the unconscious part of the cause of the impetus in every human action to find perfection for his desires. (Sahara, 2019) .

Psychoanalysis theory means a theory that explains the subject and changes in personality. The most important parts of this subject are emotions, motivations, and other internal elements. This theory assumes that personality develops when problems occur from these psychological elements, usually formed when children are in elementary or early age. Psychoanalysis is a theory that there are several parts of personality, the three elements are psychological systems that are interconnected with each other. if equated if the id is an innate part of birth, then the ego is the behavioral part and the superego is the social part that develops in life (Husin, 2018). Psychoanalysis is also an encouragement to the conscience that has existed since the time children were born as a strengthening of the soul of everyone who lies in the unconscious to fulfill one's desires. (Wahab, Nurulhidayah Abu Bakr, 2017)

Sigmund Freud explained that the part of personality humans is composed of three forms, namely the id, ego, and superego. In the Id section, it is explained that he only works for a concept of pleasure and comfort, the intention is to work in this section, and the Id avoids all forms of things that he thinks are uncomfortable. while in this part of Ego it works according to real principles, which is with the ego being able to withstand the urges of the id which he thinks is suitable and good then it will be carried out and vice versa if it is not suitable for him it will not be carried out according to environmental conditions (physical or social). On the part of the Superego, namely for self-control, how to control the two personalities, therefore the superego requires one's perfection in thoughts, words, and actions. (Husada et al., 2017)

Sigmund Freud said that the id is a part that is carried since humans are born, the process occurs in the unconscious. Sigmund Freud's explanation of the ego is to be a mediator and make peace between the superego and the id. The ego comes from the individual who cooperates with the demands of the real world. while the superego is the origin of the main motivation and which contributes greatly to the emergence of conflicts within a person's individual. Therefore, human personality can form a human character. The character education that is planted from an early age, it can make a person have a better personality and attitude. Character means part of the attitude, thinking, behavior, skills, and motivation in doing the best thing. The character contains

words, thoughts, qualities, and attitudes that have formed a person's individual. A character is also a form of identity, which holds fast to a person. And in humans have elements of character personality as a description of the origin of a complete personality from thought, as well as the behavior of each individual. (Purnasari, 2017) Since birth, humans have carried the basis of a biological character. Ki Hajar Dewantara said about character, namely that human behavior is a process of acquiring an innate character and the acquisition of a relationship with the surrounding environment. In changing one's character for the better, one can go through the educational process because education is a way to maximize one's human identity. Through the educational process will get the quality of a person who has a civilized soul, has a positive mind, and is aware of God Almighty. In shaping the quality of human beings, education has a stronger impact (Purnasari, 2017).

This paper aims to see the implementation of psychoanalysis theory which contains three elements, namely the id, ego, and superego. And the researcher focuses on optimizing the superego on the subject of Sigmund Freud on character education. If the superego is much bigger than the id, then the ego is the same as the superego. The approach used for the opinion of this paper is a descriptive qualitative approach to literature review. Analysis using literature sources related to psychoanalysis theory and its benefits in character education. The result is that Sigmund Freud's theoretical approach to character education by optimizing the superego can prevent the potential for id from developing in a person. The superego which consists of strengthening character, morals, feelings, and enlightenment can restrain the development of the id in a person to manifest in actions (ego). This superego optimization can be applied in basic education from an early age to strengthen character education in Indonesia.

METHOD

The method used in this study is a descriptive qualitative method that can be in the form of investigations, in-depth observations, and scientific procedures to provide conclusions in the form of narratives that support some data analysis. The method in this research can be in the form of a library method. This method used research forms that come from scientific articles, with various sources from the internet or literature,

and so on. In this study, data were obtained through library data collection techniques from scientific articles. (Urip & Maemonah, 2021) As for the detailed data obtained from results analysis of the formation process education character participant educate. Data used in research this sourced from the purpose of literature study which is to analyze various studies regarding the theory Sigmund Freud's psychoanalysis mainly deals with the Id, Superego, and Ego. As well as taking from related articles that have been published in the journal Sinta 2-6 as many as 6 scientific articles. The writer will synthesize some writing and create the idea for signifying that Superego optimization on theory psychoanalysis allows for done, Next implied in education character.

RESULTS

This psychoanalysis theory assumed that personality develops when problems occur from these psychological parts, generally occurring in elementary or early age children. Theory Psychoanalysis is developed by Sigmund Freud, which is a theory about the basis and growth of a personality. Where in this personality there are three parts of the id, ego, and superego. The most important parts of the theory that is emotions, motivational boost, and other internal parts.

1. The id is the original part of a personality in a person that has existed since the beginning of humans present, this part of the id is a room that stores various basic needs, for example drinking, eating, resting, or even sex. The id is also part of the origin of energy which is a source of psychological or psychological energy that will respond to the movement of every activity of a person's soul because in this part of the id there are thoughts about life and death. The id has a working principle, which is seeking pleasure (Husna, 2018) Based on the above understanding, it is explained that this section is an instinctual feeling that is present in a person when he is born, if that feeling is carried out, the pleasure aspect has been fulfilled.
2. Ego, in other words, I am aware that is a secondary process, the Ego has the awareness to adjust to proper and inappropriate desires so that there is no anxiety or depressed mind. Ego means part of the planner and all actions done by a person. This process is for a person to think about something real because the Ego must always control the principle part of reality. In this part of the ego, the task of id planning is appropriate or not appropriate. The ego is also the system that mediates

the *superego and the id*. (Grace, 2008) The ego is the part whose function is to think about something to be done so that pleasure is the result of actions it does.

3. The super-ego grows from the ego, and the super-ego does not have its power source, but the super-ego is different from the ego in one important respect. The super-ego or me, which is more representative of the actions, attitudes, obligations, and behavior of a person originating from a personality and then being controlled by other parts of unequal morals and using the pleasure part of the id and the real part of the Ego. The Super-ego has no relation to the outside world so the super ego's desire for perfection becomes unrealistic. The superego is used in complementing and shaping one's attitude, in behaving for the better so that it does not violate the customs, traditions, and norms that exist in the human environment. Superego can form the right and wrong choices so that it can control the ego in making action from what the id wants. (Grace, 2008)

Table 1. Sinta's Journals 2 to 6 Discussing Psychoanalytic Theory

Writer	Journal	Sinta	Publication Year
Maghfur Ahmad	Journal Religion : Journal Sciences Islam	2	2017
Pratiwi Wahyu Widiarti	Information	2	2013
Husin	Al Qalam : Journal Scientific Religion and Society	5	2018
Isaac Hariyanto	Al- Tazkiah	3	2016
Misra Nofrita and M. Hendri	Rokania Educational Journal	6	2017
Eko Sumadi	JKKP: Journal of Family Welfare and Education	4	2018

Table 2. Analysis of Sigmund Freud's Psychoanalysis Theory in articles discussing the Id, Ego, and Superego

Journal	
Sinta 2 (Super Ego)	<ul style="list-style-type: none"> ✓ In the journal <i>sinta 2</i> by (Widiarti, 2013) discusses morals are a rule regarding actions, and attitudes of good and bad obligations which are the result of a person's attitude, when someone applies it in life it makes a guide in attitude. It is also explained that development man after teenager experience change fast compared moment still children. And on the Superego it says that for control Id like conflicting thoughts which are not allowed in life community, an example: deviant sexual behavior, attack on someone, as well thinking bad so on, therefore can control the ego so that can back to direction moralistic to fight for success. ✓ The superego is explained in this journal that it begins to develop when children are growing up when all the rules that are applied to daily life are given by parents and teachers to the school environment by giving <i>rewards</i> and <i>punishments</i>. This part of the Superego represents something appropriate rather than reality or pleasure. Values in the superego are acquired and begin to develop in children from the age of 3 to 5 years.
5 (Id, Ego, Super Ego)	<ul style="list-style-type: none"> ✓ From the analysis on <i>sinta 5</i> by (Husin, 2018) Id is a part: lust is a part of the character that lies in every human being. The id is also known as a condition of happiness, because with this id, it is always in control, maximizing, and reducing stress which results in a sense of satisfaction. In the id part, it is implemented or manifested in real action, then in the pleasure part, a part of ego is also called I am aware of human logic. Part of ego is a system that works to provide a process of how to make an action real from the id. Three parts of these have a big influence on a person's behavior and they are very decisive regarding what is the best thing for a person to do when his wish already requires immediate action so that it is realized in real action.
feel 3 (self)	<ul style="list-style-type: none"> ✓ In <i>sinta 3</i> journal articles from (Hariyanto, 2016) discussed part of the ego's work system. This journal explained that the ego is an unconscious or real world that works based on elements of reality, therefore the ego always tries to find the right object of reality and is a reflection of the mentality that has been held by Id. In addition to this system, it is required to control the superego, because the superego is part of the element personality will receive a share all standard rules of values, morals, religion, social, as well as regulations applied in social life. ✓ The results of this journal are that there are things that discuss conformity with the existence of id, ego, and superego. The correspondence between the three parts of the personality, although working together as a whole, is because these parts are interrelated.
6 (Id, Ego, Super Ego)	<ul style="list-style-type: none"> ✓ In <i>Sinta 6</i> journal articles from (Nofrita & Hendri, 2017) discussed the novel (the last man). In this part of the novel, he tells the personality of the main character of this novel, Bobby with a dream. The author quotes the id part in this novel, The following is an excerpt from the novel: "The dream is an answer to what happened that made Bobby unhappy all this time. That was the real reason he had been looking for all this time. Something he desperately wants to have and keeps himself away from the realities of life" (Last Man: 18)

<p>4 (Super Ego)</p>	<p>✓ In the Sinta journal, 4 journal articles from (Sumadi, 2018) discussed character education as a mediator to shape moral values. This character formation is also a part of the superego personality of very large social groups, family, state, and religious beliefs set an important part in existence. Therefore this is very related and balanced in the aspect of one's personality so that the superego component must always be together with the Id and Ego aspects in a person. If there is no superego, then one's personality is not balanced because human behavior will be very determined and become strongly influenced by the desires of the Id. Through education character this is a mediator section for guiding the quality processes morality to in personality someone, then there is a use in character education.</p>
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DISCUSSION

In Sigmund Freud's opinion, psychoanalysis theory is in natural lower awareness which is very difficult for conducted in the real life. Natural awareness where the man in an aware position, but the occurrence of this subconscious is a source of motivation that drives a person's desires, for example, eating, innovating, having sexual relations, and various other forms of action are the result of a person's personality which includes the id part and is accepted by the ego and then optimized by the superego (Ahmad, 2017). Psychoanalysis starts from the thoughts that are inside of you that can have a positive or negative impact which will later shape behavior or behavioral deviations that come from the consequences of being unconscious. This psychoanalysis aims to develop the science of psychology in the unconscious part of human psychic life (Zaenuri, 2005).

In psychoanalysis, there are parts of a person's personality, namely aspects of the id, ego, and superego. This id section is an element of human personality that exists within each of them, this id is also the place and source of the developing ego and superego. According to Sigmund Freud, all behavior contained in a person is determined by the energy that dominates the unconscious. (Ahmad, 2017)

According to Freud, humans are born with an immature and illogical id. The id lies in the unconscious which is a reservoir of pulses and a source of psychic energy. It is a place of primitive impulses, that is, impulses that have not been shaped or influenced by culture. The id is the source of energy, the first supply of pulses, a moving and unstable disorder. (Baga, 2021).

The ego is where the two impulses from the id and the superego

collide, so the ego is caught between two opposing forces. It served as the mediator who reconciled the challenges of pulse and superego prohibition. The function of the ego is to maintain a balance between the other two systems, so there are not too many impulses from the Id are raised to consciousness, otherwise not all superego impulses are fulfilled. The ego's task gives place to the main mental functions, such as reasoning, problem-solving, and decision making. The id and ego have no morality because they know neither good nor bad. (Matlin, 1999)

Some of superego is located in the conscious and the other ones in the unconscious. The superego is a system that is the opposite of the id. This system is completely shaped by culture. It is formed through internalization, that is through prohibitions or orders that come from outside of itself. The superego arises due to contact with other humans (social aspect). (Minderop, 2010)

Maximizing the Superego in Character Education

Character is a container of various psychological characteristics that guide children or people to be able to adapt to the variations in the environment they face. Character is the integrity of all psychic behavior resulting from the influence of endogenous (genetic) and exogenous (environmental) factors, which are imprinted in the self that distinguishes individuals or groups of individuals from one another. (Semiawan, R, 2009)

Character is all behavior, thoughts, and results from the influence of genetic causes and factors on daily life or the environment, which are contained in a person's soul and later will be able to distinguish a person from other people and the surrounding community. To the Ministry of National Education Language Center Character is a personality, behavior, attitude, nature, and character. (Rachmadyanti, 2017) . Education in elementary schools is formal education with the first level that can determine the goals of developing student abilities, therefore for elementary schools, it is required to develop the character of students optimally and it is hoped that it will be a provision for the next stage of education. (Wuryandani et al., 2014) besides that this character education has the aim that students as the nation's successors must have good behavior,

good character, and morals so that life can be created in a prosperous, just, and peaceful nation. (Princess, 2018)

Early childhood is a very good period in progress because at this time the physical growth of the brain almost reaches 50% in children aged two years, and will be an increase in children aged six years to 90% to achieve optimal growth to 100% in children aged 12 years. While intellectual development of brain at the age of 4 years reaches 50% and at the age of 8 intellectual growth of children reaches 80%. Sigmund Freud determined that a child's personality is formed at the age of about 5 to 6 years, but it is important to know that this personality has been there since birth. This period is very important to pay attention to, therefore education for elementary age children needs to be carried out because that period is the basis for the formation of one's personality, to shape one's character, both intelligence and skills. Character education is a source of comprehensive moral values. This character education also has a definite purpose, if it is based on these character values. (Istati, 2019)

Optimizing Superego is indispensable for everyone's life. Moral values that already exist in childhood will make them a handle that can influence every person's behavior then. Instilled in childhood which becomes like provisions. From some of the journal analyses above that discuss psychoanalysis analysis in maximizing the superego to shape the child's character, it is necessary to inculcate good moral values since childhood through good values and morals that will shape a person's personality in character to his environment.

CONCLUSION

In the discussion of theory developed by Sigmund Freud, in his theory of psychoanalysis it is explained that this is the science of personality. Human personality has several aspects, namely the superego, ego, and id. Ego serves to prevent thoughts in the unconscious that exist in the Id. In general, the Id and Superego are something that cannot be seen, but they will drive what is visible on the surface. In the Superego, there are moral values that represent ideal qualities and provide boundaries for good and bad. These moral values are taken from parents and the surrounding environment from children aged 3 to 5 years. Therefore, the formation of good moral values since

childhood will shape a person's personality. This theory can be applied in the formation of learning characters, then can be used in understanding students at an elementary age and is a student's needs so that they can interact between the qualities of a character in the process of learning in class based on understanding.

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